



中國香港健美總會 HONG KONG CHINA BODYBUILDING AND FITNESS ASSOCIATION

香港銅鑼灣掃桿埔大球場徑一號奧運大樓 1028 室

Room 1028, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

Tel: (852) 2504-8246 Fax: (852) 2576-9703 Website: www.hkcbba.org E-mail: info@hkcbba.org

AFFILIATED TO:
WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION (WBPF)
ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION (ABBF)
SPORTS FEDERATION & OLYMPIC COMMITTEE OF HONG KONG, CHINA (SF&OC)
LEISURE & CULTURAL SERVICES DEPARTMENT (LCSO)
THE GENERAL ASSOCIATION OF WORLD SPORTS FEDERATIONS (GAWSF)

第 55 屆亞洲健美錦標賽 香港健美隊勇奪三金、一銀、一銅

第 55 屆亞洲健美錦標賽於尼泊爾加德滿都舉行，是次比賽共二十二個國家地區參與香港健美隊成功獲得三金、一銀、一銅佳績。詳情如下：

項目	運動員	成績
男女混雙	馬倩宜 韓傑	冠軍
女子運動模特 (身高 165cm 或以下組別)	黃家鈺	冠軍
健體小姐 (身高 160cm 或以下組別)	杜雪欣	冠軍
女子一件式泳裝 (公開組別)	馬倩宜	亞軍
健身小姐 (身高 165cm 或以下組別)	馬倩宜	季軍
健身先生 (身高 170cm 或以下組別)	蔡佳潤	第四名
健體小姐 (身高 165cm 或以下組別)	張燕姬	第四名
健體小姐 (身高 160cm 或以下組別)	林瓊霞	第五名
健體小姐 (身高 155cm 或以下組別)	馬雪宜	第五名
女子組團體賽	n/a	季軍

二零二三年九月六日

中國香港健美總會專頁:

中國香港健美總會網頁 <https://www.hkcbba.org/event/2023-asian-championships/>

中國香港健美總會 Facebook 專頁 <https://www.facebook.com/HKCBBA.official/>

中國香港健美總會 Instagram 專頁 https://www.instagram.com/hkcbba_official/

中國香港健美總會 YouTube 頻道 <https://www.youtube.com/@hkcbba4016>



中國香港健美總會
HONG KONG CHINA BODYBUILDING AND FITNESS ASSOCIATION

香港銅鑼灣掃桿埔大球場徑一號奧運大樓 1028 室

Room 1028, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong
Tel: (852) 2504-8246 Fax: (852) 2576-9703 Website: www.hkcbba.org E-mail: info@hkcbba.org

AFFILIATED TO:
WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION (WBPF)
ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION (ABBF)
SPORTS FEDERATION & OLYMPIC COMMITTEE OF HONG KONG, CHINA (SF&OC)
LEISURE & CULTURAL SERVICES DEPARTMENT (LCSD)
THE GENERAL ASSOCIATION OF WORLD SPORTS FEDERATIONS (GAWSF)

6 September 2023

Bodybuilding Team earned Three Gold Medals, One Silver and One Bronze for Hong Kong, China at 55th Asian Bodybuilding and Physique Sports Championships

The 55th Asian Bodybuilding and Physique Sports Championships (第55屆亞洲健美錦標賽) was held in Kathmandu, Nepal from 1 to 7 September 2023, athletes from 22 countries/ regions were participated in the events. The Hong Kong Delegation attained Three Gold Medals; One Silver and One Bronze. Details are as follows:

Event	Athletes	Result
Mixed Pairs	Ma Sin Yi Hon Kit	Champion
Women's Sports Physique up to 165cm	Wong Ka Yuk	Champion
Women's Model Physique up to 160cm	To Suet Yan	Champion
Women's Swimsuit Physique Open Category	Ma Sin Yi	1 st Runner-up
Women's Fitness Physique up to 165cm	Ma Sin Yi	2 nd Runner-up
Men's Fitness Physique up to 170cm	Choi Kai Yun	4 th Place
Women's Model Physique up to 165cm	Maddess Yin Kei Margie	4 th Place
Women's Model Physique up to 160cm	Lam King Ha	5 th Place
Women's Model Physique up to 155cm	Ma Suet Yi	5 th Place
Team Championship - Female	n/a	2 nd Runner-up

Hong Kong China Bodybuilding and Fitness Association

Reference:

HKCBBA Official Website

<https://www.hkcbba.org/event/2023-asian-championships/>

HKCBBA Facebook Page

<https://www.facebook.com/HKCBBA.official/>

HKCBBA Instagram Page

https://www.instagram.com/hkcbba_official/

HKCBBA YouTube Channel:

<https://www.youtube.com/@hkcbba4016>