



2022 全港健美錦標賽  
2022 Hong Kong Bodybuilding Championships

**Doping Control**

Doping tests will be conducted at this event. The Hong Kong Anti-Doping Committee (HKADC) will conduct the tests in accordance to the Anti-Doping Rules of HKADC. Any participating athletes could be selected for doping tests and be requested to provide urine and/or blood sample under witness. Sanctions for Anti-Doping Rules violation, such as refusal to providing sample or returning of positive test results, may include:

1. Disqualification of results achieved at the event

2. Ineligibility in sport

During the period of ineligibility, the individual is not allowed to participate in any capacity (including but not limited to competing athlete, coach, team official, judge etc.) in competitions or other sporting activities.

3. Financial sanction of HK\$20,000

4. Public disclosure of athlete's identity and details of the violation

5. Any other applicable sanctions.

Athletes should read and understand the Anti-Doping Rules and information available on the official webpage of HKADC ([www.antidoping.hk](http://www.antidoping.hk)). According to the Strict Liability Principle, athlete is responsible for what could be found in his/her body. Ignorance could not be used as an excuse for a positive test. If there are any uncertainties, please contact HKADC.

**Undertaking to be knowledgeable and to comply with Anti-Doping Rules**

By providing my signature, I agree as part of the prerequisites for my participation at the captioned event to:

- i) understand and comply with the Anti-Doping Rules applicable to the captioned event;
- ii) understand all the possible sanctions (including financial sanction of \$20,000) and consequences for any Anti-Doping Rules violation;
- iii) carefully checking the prohibition status of all medicines taken by myself and seriously consider the risk of using supplements;
- iv) upon request, provide urine and/or blood sample for doping tests.

**NOTE: If the athlete is under the age of 18, a parent or guardian shall sign together with the athlete.**

Athlete  
Full Name: \_\_\_\_\_

Parent/Guardian  
Full Name: \_\_\_\_\_  
(only if applicable)

Signature: \_\_\_\_\_

Signature: \_\_\_\_\_  
(only if applicable)

Date: \_\_\_\_\_

Date: \_\_\_\_\_  
(only if applicable)



### 運動禁藥管制

比賽大會設有運動禁藥檢測，有關工作由香港運動禁藥委員會根據該委員會的運動禁藥管制規條執行。大會有權挑選任何參賽運動員接受藥檢。被挑選運動員須在監察下提供尿液或/及血液樣本。拒絕提供樣本或檢測結果呈陽性均屬違反運動禁藥管制規條，處分可包括：

1. 取消比賽成績

2. 停賽

停賽期間不可以用任何身份(包括作為出賽運動員、教練、領隊、裁判等)參與比賽及體育活動

3. 罰款港幣\$20,000

4. 身份及違例詳情被公佈

5. 其他適用處分

參賽運動員應細閱並了解在香港運動禁藥委員會官方網頁 ([www.antidoping.hk](http://www.antidoping.hk)) 中的運動禁藥管制規條及資訊。根據嚴格責任原則，運動員須對存在於其體內的任何物質負責，「不知情」並不可用作陽性個案的抗辯理由。如有任何疑問，請聯絡香港運動禁藥委員會。

### 熟識及遵守運動禁藥管制規條的承諾

作為本人參與上述比賽的部分先決條件，我在簽署時同意：

一) 了解及遵守適用於本賽事的所有運動禁藥管制規條；

二) 了解違反運動禁藥管制規條的所有後果及處分(包括罰款\$20,000)；

三) 仔細檢查所有本人服用的藥物的禁用狀況及慎重考慮服用補充劑的風險；

四) 按要求提供尿液或/及血液樣本作運動禁藥檢測。

**注意：十八歲以下運動員，必須由父母或監護人同時簽署。**

運動員

姓名：\_\_\_\_\_

簽署：\_\_\_\_\_

日期：\_\_\_\_\_

父母/監護人

姓名：\_\_\_\_\_

(如適用)

簽署：\_\_\_\_\_

(如適用)

日期：\_\_\_\_\_

(如適用)